



## Art at the Heart CIC Painting Holidays: South Cornwall 27 – 31st August 2018

A 5 day residential painting retreat with tutors Mukesh Kumar and Kamaljit Suman in a beautiful part of Cornwall, with personalised tuition and spare time for you to explore the stunning surroundings. We are highly experienced Artist Lecturers and pride ourselves on offering the very best experiences and care for our students - see what others say about us on our website [artattheheartcic.com](http://artattheheartcic.com)

We will be staying in the award-winning 4 star Budock Vean Hotel, nestled on a quiet bend of the tranquil Helford River. Set in 65 acres of glorious gardens, woodlands and its own golf course – The Budock Vean is a sanctuary for rest and relaxation. With an AA Rosette restaurant renowned for amazing food, relaxing treatments in the Natural Health Spa, luxury self catering holiday homes, tennis courts, kayaking and boat trips along the river, you can be as active or as relaxed as you wish.

### Painting Retreat: £970 for Painters.

Retreat includes:

- 3 days of high quality art tuition (on location) with tutors Mukesh and Kamaljit (we carry materials including sketchbooks, canvas, paints etc for purchase)
- 5 night accommodation (Standard Room B&B) at the Budock Vean Hotel Nr Helford Passage, Mawnan Smith, Falmouth, Cornwall TR11 5LG.

Upgrades/Optional Extras (arrangements to be made directly with hotel upon arrival):

- Superior room rate: additional £13 per person per night
- Signature room rate: additional £25 per person per night
- Dinner can be added at a cost of £24 per person for a 4 course meal and coffee

You can arrange a mix of B&B and DB&B - use the hotel restaurant or eat elsewhere, the hotel will accommodate your requirements with you directly while you are there.

- £510 per non painting guests (Standard Room B&B)
- Optional extra - organised visit to the iconic Tate St Ives gallery, with guided tour (TBC)
- Non refundable deposit of £100 per person required - Payment can be made in 2 instalments. First instalment (50% of balance) by end of Feb, 2nd instalment (remainder of balance) by end of May. Please note cancellation fees apply.

We have only 6 places left for Painters (non painting partners/friends are welcome too). Whether you are a Beginner or Improver, our friendly approach will give you the confidence and skill to develop further. We have proven track records of developing the art skills of individuals of all ages/abilities. Book now to experience the uniqueness of an Art at the Heart Painting Retreat.

Please contact Mukesh on 07549 046 682 for further details



*Mukesh  
Kumar*

ART AT THE  
**HEART**  
CIC

Adding value to communities  
through inclusive arts  
and culture

- Professionally trained Artist Lecturers with 25+ years experience of teaching/managing education
- National recognition for teaching (TES Award for Outstanding Innovation in Teaching and Learning 2011)
- Art at the Heart is a not-for-profit organisation working with community interests

*Kamaljit  
Suman*

